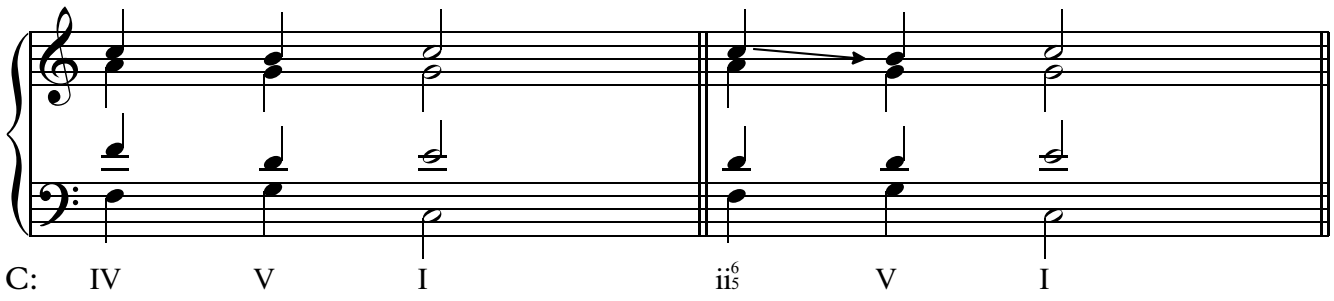
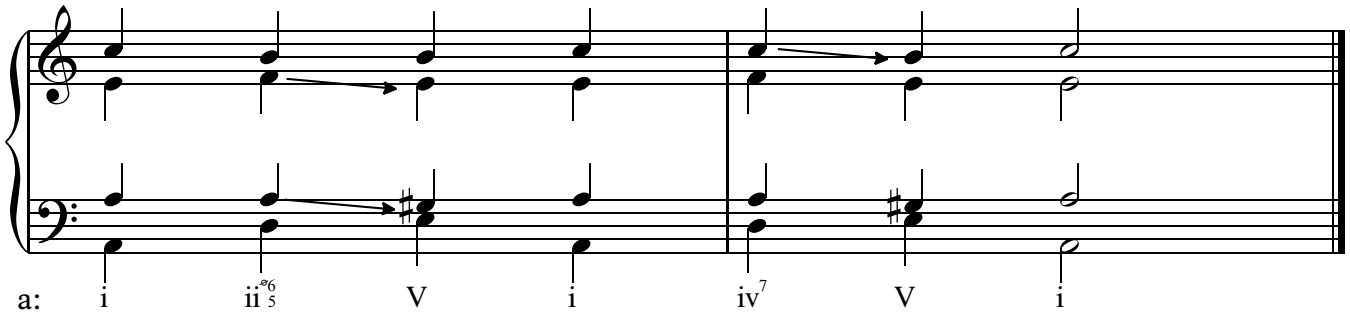
Predominant Chords and Non-Dominant 7ths Cheat Sheet

A Predominant chord (for now, built on scale degrees 2 and 4) tends to lead us to the dominant.
IV-V-I has a strong bass motion that leads into the cadence.
ii-V-I is good because the roots are part of the circle of fifths, which makes for strong motion.
ii6-V-I is even better because the root motion is still fifths, but the bass motion is 4-5-1.



Notice that with the non-dominant 7th, the 7th of the chord still resolves down by step.

In minor, note that the iv is now a minor chord, and the ii7 becomes half-diminished. Despite this, they work the same way as in major - leading to the dominant.

We see iv7 a lot more than IV7, because it adds color without standing out too much.