

Curriculum Vitae
Megan M. Clegg-Kraynok, M.S.

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Life-Span Developmental Psychology
West Virginia University
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Education

West Virginia University

Morgantown, WV

Program: Department of Life-Span Developmental Psychology
Degree: Ph.D. (Expected May, 2009)
Advisor: Hawley Montgomery-Downs, Ph.D.

University of Pittsburgh

Pittsburgh, PA

Program: Department of Applied Developmental Psychology
Degree: M.S. (December, 2005)
Advisor: Carl Johnson, Ph.D. (Academic)
Jennifer S. Silk, Ph.D. (Research)

West Virginia Wesleyan College

Buckhannon, WV

Program: Department of Psychology
Degree: B.A. (May, 2003, magna cum laude)
Advisor: Richard Calef, Ph.D.

Research Experience

Pre-Doctoral Research

West Virginia University

- Research assistant on Postpartum Sleep Deprivation and Fragmentation: Effects on Maternal Functioning.
- Research assistant on Environmental Tobacco Smoke Exposure and Pediatric Sleep-Disordered Breathing
- Research assistant on Effects of White Noise on Sleep Behaviors
- Trained in the use of actigraphy and polysomnographic (PSG) hook ups and scoring
- Assisted in translating the Sleep Behaviors, Cognition & Event Memory in Preschoolers survey (from Kosair's Pediatric Sleep Research Center) into Spanish.

Masters Research

University of Pittsburgh Medical Center

- Research Assistant for a study on a brain development and emotions study as well as a study examining risk factors for adolescent depression with the Family Emotions Neuroscience and Development group at WPIC/UPMC.
- Trained in the administration of the Schedule for Affective Disorders and Schizophrenia for School-aged Children (K-SAD) and use of cameras that measure pupillary response, event related potential (ERP) nets and associated software.

Bachelors Research

West Virginia Wesleyan College

- Examined the effects of delayed reinforcement in rats with variable amounts of reinforcement.

Papers and Presentations

Papers:

Calef, R. S., Choban, M. C., Glenney, K. R., Calef, R. A., Schmitt, E., Hinte, S., Clegg, M., Kraynok, J. E., & Richards, S. D. (2007). Perseveration of the partial reinforcement effect in extinction with rats over two phases of extinction and two stages of continuous reinforcement. *Psychological Reports, 100*, 101-107.

Clegg, M. M., Silk, J. S., Shaw, D. S., Lane, T. J., & Kovacs, M. (In preparation). Emotion regulation strategies and internalizing and externalizing in preschool-age children of mothers with childhood-onset depression.

Presentations:

Clegg, M. M., Gould, C. E., & Montgomery-Downs, H. E. (2007, June). *Objective and subjective postpartum sleep disturbance and depressive symptoms*. Accepted for poster session at the annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN.

Gould, C. E., Clegg, M. M., & Montgomery-Downs, H. E. (2007, June). *Subjective maternal postpartum sleepiness, mood and perceived stress*. Accepted for poster session at the annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN.

Clegg, M. M., Gould, C. E., & Montgomery-Downs, H. E. (2007, April). *Objective and subjective postpartum sleep disturbance and depressive symptoms*. Poster session presented at the annual West Virginia University Research Horizons Day, Morgantown, WV.

Clegg, M. M., Silk, J. S., Shaw, D. S., Lane, T. J., & Graves, A. (2007, April). *Emotion regulation strategies relationship to problem behavior in preschool-age children of mothers with childhood-onset depression*. Poster session presented at the annual West Virginia University Research Horizons Day, Morgantown, WV.

Clegg, M. M., Silk, J. S., Shaw, D. S., Lane, T. J., & Graves, A. (2007, April). *Emotion regulation strategies relationship to problem behavior in preschool-age children of mothers with childhood-onset depression*. Poster session presented at the biannual meeting of the Society for Research in Child Development, Boston, MA.

Clegg, M. M., Silk, J. S., Shaw, D. S., Lane, T. J., & Graves, A. (2006, September). *Emotion regulation strategies relationship to problem behavior in preschool-age children of mothers with childhood-onset depression*. Poster session presented at the annual West Virginia University Neuroscience Retreat, Farmington, PA.

Clegg, M. M., Kraynok, J. E., & Calef, R. S. (2003, April). *The resilience of the partial reinforcement effect through extinction and continuous reinforcement in rats using food reinforcement*. Paper presented at the annual West Virginia Academy of Science Symposium, Buckhannon, WV.

Professional Experience

Position: Guest Lecturer
Psychology 241: Introduction to Human Development
"Sleep Across the Lifespan and Dangers of Drowsy Driving"
Place: Department of Psychology, West Virginia University
Supervisor: Emily Keener, M.A.
Dates: June 21, 2007

Position: Graduate Instructor
Psychology 101: Introduction to Psychology
Place: Department of Psychology, West Virginia University
Supervisors: Cheryl McNeil, Ph.D. & Claire St. Peter-Pipkin, Ph.D.
Dates: August 2006 – May 2007

Position: Guest Lecturer
Psychology 201: Psychology as a profession
Place: Department of Psychology, West Virginia University
Supervisor: Philip Chase, Ph.D.
Dates: February 21, 2007

Position: Research Assistant
Place: University of Pittsburgh Medical Center – Western Psychiatric
Institute and Clinic
Supervisor: Jennifer Silk, Ph.D.
Dates: May 2006 – August 2006

Position: Volunteer Research Assistant
Place: University of Pittsburgh Medical Center – Western Psychiatric
Institute and Clinic
Supervisor: Jennifer Silk, Ph.D.
Dates: January 2006 – May 2006

Position: Student Assistant to the department chair
Place: Department of Psychology, West Virginia Wesleyan College
Supervisor: Richard Calef, Ph.D.
Dates: August 2001 – May 2003

Professional Affiliations

American Psychological Association (also Division 7, Developmental
Psychology)
International Pediatric Sleep Association
Society for Research in Child Development
Sleep Research Society
West Virginia Sleep Society

Professional Service

2007 – Assisted in supervising a Summer Undergraduate Research Intern
through the Center for Neuroscience at West Virginia University School of
Medicine.

2007 - Served as an ad hoc secondary reviewer for a manuscript submitted to
Pediatric Research.

2007 - Served as an ad hoc secondary reviewer for a manuscript submitted to
Behavioral Sleep Medicine.

2007 - Reviewed applications for Summer Undergraduate Research Internships
through the Center for Neuroscience at West Virginia University School of
Medicine.

2007 – Accepted as a mentor for the APS Mentorship Program for students applying to graduate school

2006 - Served as an ad hoc secondary reviewer for a manuscript submitted to *Sleep Medicine*.

2006 - Served as an ad hoc secondary reviewer for a manuscript submitted to *Pediatric Research*.

Honors and Awards

Alpha Lambda Delta – national academic honorary

Mortar Board – national academic and service honorary

Pi Gamma Mu – national social sciences honorary

Psi Chi – national psychology honorary

President, 2001-2003

Honors Program – West Virginia Wesleyan College

President, 2001-2003

Public Relations Chair, 2000-2001

Senior Key Recipient – West Virginia Wesleyan College (2003)

Outstanding Psychology Student of the Year – West Virginia Wesleyan College (2003)