

Patricia Hopkins

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EDUCATION

Doctor of Philosophy, Clinical Psychology

expected May 2018

West Virginia University

Advisor: Natalie J. Shook

- Doctoral Dissertation Proposal: December 2015
- Dissertation Title: *Sociocultural Factors in African American Anxiety*
- Qualifying Exams Passed: February 2015
- Expected Graduation: May 2018

Master of Science, Psychology

August 2014

West Virginia University

- Master's Thesis Proposal: May 2013
- Master's Thesis Defense: May 2014
- Thesis Title: *Creation of an Intergroup Anxiety toward Muslims Scale*

Bachelor of Arts, Psychology

July 2010

Minnesota State University, Mankato

- Summa Cum Laude, Deans List

RESEARCH PUBLICATIONS

Hopkins, P. D., & Shook, N. J. (in press). Development of an Intergroup Anxiety toward Muslims Scale. *International Journal of Intercultural Relations*.

Hopkins, P.D., & Shook, N. J. (2017). A Review of Potential Explanatory Factors that may Underlie Differences in African American and European American Anxiety. *Journal of Anxiety Disorders*.

Shook, N. J., **Hopkins, P. D.**, & Koech, J. (2015). The effect of intergroup contact on secondary group attitudes and social dominance orientation. *Group Processes & Intergroup Relations*.

MANUSCRIPTS IN PREPARATION

Hopkins, P.D. & Shook, N.J. (2016). *Ethnic Identity as a protector against anxiety in African Americans*. Manuscript in preparation.

Shook, N.J., Boggs S. T., Fitzgerald, H.N, Ford, C., **Hopkins, P.D.**, & Silva, S.M. (2017). *Sexism, Racism, or Nationalism: Factors that Explain the 2016 U.S. Presidential Election?* Manuscript under review.

RESEARCH PRESENTATIONS

Sawyer, L. M., **Hopkins, P.D.**, Shook, N.J. (2017, January) *Personality discrimination and mental health outcomes*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Hopkins, P.D., Shook, N.J. (2016, May). *Ethnic identity as a protective factor against negative psychological outcomes in African Americans*. Poster presented at the annual meeting of Association for Psychological Science, Chicago, IL.

Hopkins, P.D., Shook, N.J. (2016, January). *Personal and Ideological Factors associated with Intergroup Anxiety toward Muslims*. Poster presented at the annual meeting of Society for Personality and Social Psychology, San Diego, CA.

Masters, K.L., **Hopkins, P.D.**, Hernandez, P., Shook, N.J. (2016, March). *Mentor Satisfaction and Science Identity*. Poster presented at the annual meeting of the Eastern Psychological Association, New York City, NY.

Hopkins, P.D. & Shook, N. J. (2015, May). *Creation of an Intergroup Anxiety toward Muslims Scale*. Poster presented at the annual meeting of American Psychological Science, New York City, NY.

Koehn, J. M., **Hopkins, P. D.**, & Shook, N. J. (2015, February). *The Effect of Intergroup Contact on Secondary Group Attitudes*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

Hopkins, P. D., & Shook, N. J. (2014, March). *Effects of Intergroup Contact on Social Dominance Orientation*. Poster presented at Eastern Psychological Association, Boston, MA.

Hopkins, P. D., & Shook, N. J. (2014, February). *Effects of Intergroup Contact on Social Dominance Orientation*. Poster presented at the Society for Personality and Social Psychology, Austin, TX.

Shook, N. J., & **Hopkins, P. D.** (2014, February). *Beyond Prejudice Reduction: Consequences of Intergroup Contact*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Hopkins, P. D., & Shook, N. J. (2013, March). *Interracial versus Same-Race Roommate Relationships: A Moderator of Collective Threat*. Poster presented at the Eastern Psychological Association Conference, New York City, NY.

Hopkins, P. D., Borchardt, C. A., Hamilton, M. A., Kraayenbrink, J. N., & Kotten, A. L. (2010, April). *Surveying School Psychologists about Pre-Service Training in Response to Intervention*. Poster presented at MNSU Undergraduate Research Conference.

Hopkins, P. D., & Borchardt, C.A. (2010, April). *College Students' Stigmatic Views of Psychological Disorders*. Poster presented at Minnesota Undergraduate Psychology Conference and MNSU Undergraduate Research Conference.

Foster, B. A., Biesanz, I. F., Kraayenbrink, J. N., **Hopkins, P. D.**, & Day, J. A. (2010, April). *Examining Pre-Service Consultation Training in NASP-Approved Graduate Programs in School Psychology*. Poster presented at the MNSU Undergraduate Research Conference.

Panahon, C. J., Hilt-Panahon, A., Klein, L., Breuer, J., **Hopkins, P.**, Kraayenbrink, J. & Hamilton, M. (2011, February) *Surveying School Psychologists about Pre-service Training in RTI*. Poster presented at the meeting of the National Association of School Psychologists, San Francisco, CA.

TEACHING EXPERIENCE

Psych 101 Introduction to Psychology

August 2015 – May 2016

Position: Graduate Teaching Assistant

Supervisor: Dr. Constance Toffle

Psych 345 Adulthood and Aging (online course)

Jan 2015 – May 2015

Position: Graduate Teaching Assistant

Supervisor: Dr. Julie Patrick and Dr. Constance Toffle

Psych 281 Abnormal Psychology

Aug 2013 – May 2014

Position: Graduate Teaching Assistant

Supervisor: Dr. Christina Duncan

CLINICAL EXPERIENCE

Psychology Intern

August 2017 - August 2018

Department of Veteran Affairs - Puget Sound Health Care System

Tacoma, Washington

Supervised Psychologist

Family Medicine – Behavioral Medicine

July 2016 – June 2017

Morgantown, West Virginia

Supervisor: Dr. Kimberly Foley, Dr. Alison Vargovich

- Supervised psychologist for patients in primary care at Family Medicine Department of Behavioral Medicine
- Conducted pain evaluations to assess for potential appropriateness of opioid medications prescriptions and/or CBT for pain
- Conducted ADHD evaluations to determine appropriateness for stimulant medications and/or behavioral treatment to manage symptoms.
- Assisted with suicide evaluations with patients who expressed suicidal ideation while meeting with their primary care physician

- Provided brief psychotherapeutic interventions for patients in the hospital experiencing symptoms of depression and anxiety
- Provided recommendations to physicians regarding hospital patient care (e.g., neuropsychological testing, psychiatric inpatient care)
- Provided outpatient psychotherapy to individuals with trauma, anxiety, depression, and personality disorders
- Provided brief interventions to patients in Diabetes Management Clinic, (i.e., medication adherence, psychoeducation, barriers to treatment, managing chronic illness)
- Supervision: Individual supervision meetings held after each clinic (i.e., inpatient, diabetes, individual adult therapy sessions)

Graduate Student Supervisor

Sundale Nursing Home

Aug 2015 – Aug 2016

Morgantown, West Virginia

Supervisor: Dr. Amy Fiske

- Supervised and provided instruction to three first and second year graduate students in their clinical work
- Assisted in co-therapy for depression and anxiety with older adults
- Led weekly supervision meetings
- Supervision: Individual supervision meetings were held weekly with Dr. Fiske

Supervised Psychologist

Chestnut Ridge – Psychiatric Intensive Care Unit

Aug 2015 – May 2016

Morgantown, West Virginia

Supervisor: Dr. Liv Miller, Dr. Kirk Bryant, Dr. Christina Wilson

- Conducted group therapy on inpatient psychiatric unit, group topics included electroconvulsive therapy, social skills, coping with stress, warning signs of worsening psychiatric symptoms, stigma toward mental illness, etc.
- Typically 3-8 individuals participated in group with a range of diagnoses (e.g., schizophrenia, bipolar disorder, depression, neurocognitive disorders)
- Attended weekly neuropsychology case conferences, topics included: HIV/AIDS and cognition; Type 2 Diabetes, cognition, and health literacy; frontal temporal lobe dementia; pediatric epilepsy; and focal neurobehavioral syndromes.
- Supervision: Group supervision was held weekly and individual supervision held after each session

Graduate Student Therapist

Depression Project

Jan 2013 – May 2016

Morgantown, West Virginia

PI: Dr. Natalie Shook

Supervisor: Dr. Daniel McNeil

Grant-funded (NARSAD Young Investigator Grant) project to test the utility and effectiveness of an assessment of negativity bias as well as the effectiveness of a behavioral treatment of depression.

- Administered the netSCID to treatment and control participants

- Trained student therapists on the SCID and Behavioral Activation Treatment - Depression
- Provided ten weeks of BAT-D to depressed clients
- Administrative manager of the project (e.g., facilitated client/therapist initial meetings, followed up with clients, presented project status to the team in weekly project meetings, kept record of participants)
- Supervision: Group supervision held weekly, individual supervision available as needed

Supervised Psychologist

Hopemont Hospital

Aug 2014 – Aug 2015

Terra Alta, West Virginia

Supervisor: Dr. Barry Edelstein

- Conducted annual assessments of cognitive functioning among a geriatric population with serious and persistent mental illness
- Conducted intake evaluations of new residents
- Administered, scored, and interpreted a variety of cognitive assessments (e.g., Digit Span, Logical Memory, Trails A & B, RBANS, EXIT, Boston Naming, HVLT-R)
- Assessed medical decision making in patients with cognitive impairment
- Provided psychotherapy to residents with depression and anxiety
- Created and implemented behavior management plans
- Participated in weekly multidisciplinary care plan meetings
- Supervision: Group supervision held weekly, individual supervision available as needed

Graduate Student Therapist

Quinn Curtis Center

Aug 2013 – Jan 2015

Morgantown, West Virginia

Supervisor: Dr. Daniel McNeil

Graduate Student Supervisor: Cameron Randall

- Provided psychotherapy in a university-operated community mental health clinic
- Conducted individual and family therapy for individuals experiencing a variety of mental health issues including, depression, anxiety, trauma, borderline personality disorder, OCD, anger
- Provided individual therapy for anger management in individuals who were court mandated to receive treatment
- Administered, scored, interpreted, and provided feedback on a variety of assessments (e.g., PAI, NAS-PI, MMPI-II, MCMI-III, YBOCS, BDI, ASI, PSWQ)
- Supervision: Group supervision and individual supervision held weekly

Graduate Student Therapist

Sundale Nursing Home

Aug 2012 - Aug 2013

Morgantown, West Virginia

Supervisor: Dr. Amy Fiske

Graduate Student Supervisor: Jay Gregg

- Provided primarily behavioral interventions to older adults in a nursing home setting with a variety of mental health issues including depression, anxiety, and behavioral problems
- Created treatment plans to manage behavioral problems

- Attended and provided consultation to family and staff at resident care plan meetings
- Supervision: Group supervision held weekly, individual supervision with Graduate Student Supervisor held weekly, individual supervision with Dr. Fiske available as needed

Graduate Student Therapist

Insomnia Clinic

Aug 2012 - Aug 2013

West Virginia University Medical Center

Supervisor: Dr. Amy Fiske

Graduate Student Therapist: Carol Goulet

- Assessed for insomnia in adults and provided CBT for insomnia.
- Observed and provided feedback on CBT-I conducted by peer therapists
- Supervision: On-site group supervision provided weekly, individual supervision held as needed

CASE PRESENTATIONS

A Tale of Two Therapists

March 2016

Presented: WVU Psychology Department Case Conference

Description: Case presentation of differential diagnoses for an older adult with visual and tactile hallucinations.

Singing with Sunshine: A Case of Bipolar Disorder

February 2015

Presented: WVU Psychology Department Case Conference

Description: Case presentation on bipolar disorder with psychotic symptoms in an older adult.

AWARDS

Association for Psychological Science RISE award 2016

- Awarded \$300 for outstanding student research related to socially and economically underserved populations.

Academic Affairs Research Award 2016

- Award \$800 by Academic Affairs to conduct research

Dissertation Research Award

- Awarded \$1500 by the Psychology Department for dissertation research 2016

Writing Winning Grant Proposals Workshop Scholarship 2015

- Full sponsorship to attend a nationally renowned grant-writing seminar.

Graduate Student Travel Award 2013, 2014, 2016

- Travel awards from the psychology department and college to reduce travel costs for presentation of research at conferences.

Society for Personality and Social Psychology Diversity Fund Travel Award 2014

- A travel award aimed to assist in increasing diversity in personality and social Psychology.

Southern Regional Education Board Doctoral Scholars Program Awardee 2012-2016

- A National Science Foundation grant providing financial and professional support to awardees interested in pursuing a career in academia.

Undergraduate Research Large Grant 2009

- Minnesota State University, Mankato, MN
Awarded a \$999.80 grant to conduct a research project examining the pre-service training of school psychologists regarding Response to Intervention led by a group of undergraduate members on Dr. Carlos Panahon's research team.

GRANTS SUBMITTED - not awarded

Association for Psychological Science Student Research Grant 2013

Association for Psychological Science Dissertation Grant 2016

Southern Regional Education Board Dissertation Grant 2016

Ruth L. Kirschstein National Research Service Award Individual

Predocctoral Fellowship to Promote Diversity in Health-Related Research 2015, 2016

PROFESSIONAL DEVELOPMENT

MindWare Heart Rate Variability Seminar June 11th – 12th, 2016

Presenter: Gary Bernston, PhD
Columbus, OH

Research Methods with Diverse Racial and Ethnic Groups June 6th – 10th, 2016

American Psychological Association Advanced Training Institute
Michigan State University

Writing Winning Grant Proposals Seminar June 18th, 2015

Presenter: John D. Robertson, PhD
Grant Writers' Seminars & Workshops LLC
West Virginia University

Scientific Writing Course, Biomedical Sciences May – June 2014

West Virginia University

Compact for Faculty Diversity Institute on Teaching and Mentoring, October 2013, 2015

Washington, D.C.

Compact for Faculty Diversity Institute on Teaching and Mentoring, October, 2012

Tampa, FL

McNair and HONOR THESIS COMMITTEE

Krysta Masters, 2017, West Virginia University

Austin McKittrick, 2016, West Virginia University
Jasmine Koech, 2013, West Virginia University

SERVICE

Clinical Training Committee, Student Representative

Aug 2013 – Aug 2014

PROFESSIONAL AFFILIATIONS

Eastern Psychological Association

Society for Personality and Social Psychology

Association for Psychological Science

American Psychological Association